

2016 Washington State Taekwondo Championship

Demonstration Team and Board Breaking Official Tournament Rules and Regulations

Rules and regulations apply to all participants including: volunteers, staff, vendors, competitors, coaches, masters, instructors, guests and spectators. Failure to comply will result in removal from the event and property without refund, loss of decision, loss of medal or awards, legal actions taken or other penalty. Tournament chairman and directors will enforce the rules and regulations of this event. Individual Poomsae, Creative Poomsae, Pairs Poomsae and Sparring will follow USA Taekwondo Rules and Regulations. See www.USA-Taekwondo.us for additional details.

Demonstration Team Competition Rules

Teams must consist of minimum 5 and maximum 15 members in matching uniforms. Scoring will be from 1-10 points with 30 points being the highest a team can receive from 3 judges. Awards will be given only to the 1st, 2nd and single 3rd place teams only. Teams must register individual applications but indicate team/school name correctly and match with other members of the team. Number of team members and team cannot be changed on the day of competition. Demo team will be judged on the same criteria as individual forms but also include judging in group presentation, rhythm and unity of team performance. Demo team will also look at unique and creative choreographing of team forms/pattern. No props such as confetti or fire/poppers allowed. Team must provide own music and ensure with organizing committee that music is compatible with device available. Points will be deducted or teams disqualified if team members are missing from competition or if team is over the maximum limit. Teams may compete in performance not exceeding 7 minute with a 60 seconds setup time and clean up. A Deduction of half point for every 5 seconds over time limit and full point deduction for going over number of team members). Awards will be given only to the 1st, 2nd and single 3rd place team.

Board Breaking (Kyupa) Competitions Rules — Creative Breaking

Participants have 60 secs to set up and 60 secs to execute their breaks. All boards will be demo boards. All beginner level competitors will attempt to break 3 boards, All intermediate competitors will attempt to break 5 boards, All advance competitors will attempt to break 7 boards and black belts competitors will attempt to break 10 boards. Participants may not cover any part of the body that will be used for breaking a board with any bandages, tape or any other material. The referee or staging director must approve any injuries that may need to be covered. Props CANNOT be used, and boards cannot be altered. (For example, board fragments cannot be put on the top of the board to create an unfair advantage.) Participants must provide their own holders. Holders will ONLY be allowed on the competition floor during the participant's event and will require board holder pass for each competitor they hold for and it will be taken by referee prior to start of breaking. There are no uniform requirements for board holders. (However, a taekwondo uniform is HIGHLY encouraged. If board holders are NOT in a taekwondo uniform, clothing must be suitable for a family environment and follow rules and regulation.) ONLY martial arts shoes are allowed on the mats by board holders. The participant may attempt to break each technique a maximum of 3 times. Broken boards may not be replaced on the 2nd or 3rd attempt. Deductions include participant exceeds the 60-second time limit for setup, participant exceeds the 60-second time limit for execution, participant exceeds the maximum number of attempts per break, maximum of 3 attempts, participant crosses outside ring and goes out of bounds and unsportsmanlike conduct. Awards will be given only to the 1st, 2nd and single 3rd place competitor only.

Competitors will need to arrive in the staging area to be placed into their divisions prior to their competition time. Event schedule is based on estimated completion time. Actual start of matches is determined on length of matches and number of competitors in each division. Schedule is liable to change. Please listen for announcements during the competition day. Competitors who are late may not be staged and disqualified. No exhibition matches will be given with out tournament director approval, parent/guardian signature. It is at the discretion of the tournament director to allow for additional matches. We are all martial artists and have a responsibility to act and display the tenants of taekwondo. By attending, sponsoring or participating at the 2016 Washington State Taekwondo Championship you have agreed to follow all the rules and regulations of this event and its organizers. You consent that any pictures furnished by me or any pictures or images of you in connection with the event can be used for publicity, promotion or video showing, and you waive all compensation in regard, thereto. In addition, you will not print, publish, post or rebroadcast any images, video or recording at the 2016 Washington State Taekwondo Championship without the permission and written consent of the organizing party and committee and will agree to any penalties in unauthorized publication. No tripod or professional recording or electronic equipment will be allowed on the competition floor or stands without prior permission and must be removed if obstructing view or walkways. Contact us to make special arrangements if a participant or spectator needs assistance due to medical needs. The Organizing committee will do its best but does not guarantee all requests can or will be met. Organizing committee has the right to refuse application, entry or admission. This is a private event. These rules are not limited to the ones listed above and maybe added or altered by the tournament director and appropriate actions will be taken by the organizing committee to ensure fair play, sportsmanship and safety including removal from event or appropriate legal action. If you have any questions contact the USA Taekwondo Washington at (360) 459-3661 or email usatwashington@gmail.com.