

2016 USA TAEKWONDO WASHINGTON STATE CHAMPIONSHIP

USA TAEKWONDO WASHINGTON

February 28, 2016
Edmonds Community College

Poomsae • Sparring • Demo Team • Board Breaking
Daedo PSS will be used for All Black Belt Sparring Divisions
Qualify to compete at 2016 USAT National Championships

Presented by:
USA Taekwondo Washington

Tournament Director:
Master Jason Lee
WA State President

INFORMATION:
www.usatwashington.com
Follow us on: [Facebook.com/usatwashington](https://www.facebook.com/usatwashington)
Email: usatwashington@gmail.com

ONLINE REGISTRATION
www.usat.hangastar.com

Thank you to our Sponsors



USA TAEKWONDO
WASHINGTON



2016 Washington State Taekwondo Championship



Dear Taekwondo Family,

Welcome to the 2016 USAT Washington State Championship. I applaud all the athletes for all their accomplishments. Continue to work hard and stay dedicated towards your goals. I want to express my gratitude to the officials and volunteers who have selflessly given their time and energy to the success of this event. I hope everyone enjoys their experience in Washington State.

Good Luck to all.

Master Jason Lee
USAT Washington President

ONLINE REGISTRATION ONLY — www.usat.hangastar.com



- Date:** **Sunday - February 28, 2016**
- Place:** **Edmonds Community College - Gymnasium**
20000 68th Ave. W, Lynnwood, WA 98036
- Time:** Competition Schedule will be announced Feb. 22nd on www.usatwashington.com
- Credential Pick Up:** Feb. 27th 12:00pm - 7:00pm PST
@Homewood Suites by Hilton (Lynnwood, WA)
- Referee Seminar:** Feb. 27th 9:00am - 5:00pm PST
@Homewood Suites by Hilton (Lynnwood, WA)
- Hotel:** Homewood Suites by Hilton (18123 Alderwood Mall Pkwy, Lynnwood, WA 98037)
Holiday Inn Express (2515 196th St. SW, Lynnwood, WA 98036)
Group Rates available. Visit www.usatwashington.com for links.
- Info:** Tournament Event Manual available www.teamusa.org/usa-taekwondo/event-calendar
- Registration:** **Early Bird Registration ENDS at 10:59pm PST February 15, 2016**
Online Registration will CUTOFF at 10:59pm PST February 22, 2016
- USAT Membership:** All participants must be current USAT members. Register or renew online www.usat.hangastar.com
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|--------------------------|----------------------------|---------------------------|--------------------------------------|
| Competition Fees: | By Feb. 15, 2016 | One Event: \$75.00 | Additional Event: add \$20.00 |
| | From Feb. 16, 2016: | One Event: \$95.00 | Additional Event: add \$20.00 |
- Coaching Fees:** By Feb. 16, 2016 10:59pm PST: \$50.00
Door Registration not available. Online Registration only at USAT.HANGASTAR.COM
- Spectator Fees:** 6 years old & Over: \$10.00 (cash only) Under 5 years old: Free
- Boards:** \$2.00 each
- Weigh-In:** **Weigh-In is Required for all Sparring Athletes.**
Weigh-ins will be held on **Saturday, Feb. 27, 2016, 1:00pm - 6:30pm PST**
@Homewood Suites by Hilton (18123 Alderwood Mall Pkwy, Lynnwood, WA 98037)

*Competitors may change weight on-site but must do so before stepping on the official weigh-in scale and must pay the \$50.00 administrative fee before weight category is changed.
Competitor will have only two chances to make weight on official weigh-in scale.



UPDATES FOR 2016

REQUIREMENTS

All participants must be current USA Taekwondo members. All coaches, referees, club owner/instructors 18 and older are required to complete and pass USA Taekwondo background check prior to being a member of USA Taekwondo and registered for USA Taekwondo state sanctioned event (background checks must be completed every two years).

- Athletes must hold the appropriate U.S. citizenship or residency depending on the division he/she participates in. Refer to Event Manual or USAT Website for official requirements.
- All coaches must be, at minimum, AC certified within the USA Taekwondo CIDP program as well as view the USOC Safe Sport Video.
- An athlete **MAY** qualify in the same WORLD CLASS weight (sparring) and/or age category (poomsae) in **MULTIPLE STATE CHAMPIONSHIPS**.

There is no on-site registration at any State Championship or National Championship.

SPARRING

In 2016, State Associations will have a World Class and Grassroots divisions for CADET SPARRING black belts only. To qualify for a World Class at the National Championships, an athlete must participate** at a State Championship in that World Class division they wish to compete in.

- Winner of the cadet Grassroots divisions will no longer qualify for the World Class division because Grassroots division will use Junior Safety Rules and World Class divisions will use Full Head Contact Rules (see competition rules for full explanation of these rules)
- Once qualified for a World Class division, an athlete is no longer eligible for Grassroots divisions.

Cadet Poomsae; Junior Sparring and Poomsae; Senior Sparring and Poomsae black belts will have World Class Divisions ONLY (no Grassroots divisions). Those athletes that participate** at a USA Taekwondo State Championships in these black belt divisions will qualify for the World Class Divisions at Nationals.

COLOR BELTS

All color belt athletes will be able to compete in a State Championship and National Championships at the current belt in which they hold. For example, an athlete competed at a State Championship as a green belt but has since tested and received their blue belt. This athlete may now compete at the USA Taekwondo National Championships as a blue belt.

EXCEPTION: If an athlete competed at a State Championship as a red belt and has since been promoted to black belt, the athlete **MAY NOT** compete in any black belt divisions.

PROOF OF BLACK BELT REQUIREMENT

Continuing from 2015, if an athlete doesn't have a black belt certification uploaded to their profile or provide a copy of certification at the time of registration, the State Association will be able to utilize the black belt verification form. The form will include contact information so that USA Taekwondo can track that each person provides a copy of their black belt certification by the National Championships. If a copy is not provided at the National Championships then the athlete's coach and/or instructor will be required to apply for a USA Taekwondo Dan black belt certificate at the time of registration. For more information on the USA Taekwondo Dan certification program follow this link: <http://www.teamusa.org/USA-Taekwondo/Resources/Dan-Certification-Program>

Online Registration at usat.hangastar.com

Event Manual at teamusa.org/USA-Taekwondo/event-calendar

USAT Rules at teamusa.org/USA-Taekwondo/Events/Competition-Rules

If Minor, legal guardian must be present with an athlete to sign a waiver and release liability form



2016 USAT WASHINGTON STATE CHAMPIONSHIP

2302 Harrison Ave NW Ste. 205

Olympia, WA 98502

www.usatwashington.com

[Facebook.com/usatwashington](https://www.facebook.com/usatwashington)

**See You Sunday - February 28, 2016 @ Edmonds Community College
Event Manual Available on usa-taekwondo.us**

Official USAT Washington State Events will be announced online at
www.usatwashington.com or [Facebook.com/usatwashington](https://www.facebook.com/usatwashington)



USAT Washington is a 501c3 Non-Profit

Proceeds from the State Championship and other USAT WA events are allocated to the development of taekwondo in Washington State. If you would like to make a financial contribution to the growth of taekwondo in our State

please contact: usatwashington@gmail.com